



## Shoulder Press

VST600-S23

When it comes to toning and building deltoids in your fitness center, our selectorized shoulder press station is tougher than you can imagine and more comfortable than you'd expect. It's been tested to withstand over a million reps, more than four times the industry standard, and an easily adjustable ergonomic design makes it comfortable for virtually anyone to sit down and start redefining their shoulders.



### Tech Specs

Product Weight	194.2 Kg / 427 lbs.
Overall Dimensions	150.9 x 142.0 x 170.5 cm / 59.4" x 55.9" x 67.1"

### Frame & Cables

Cable Transmission	Internally lubricated cables and fittings
Machine Anchoring	4 anchoring locations
Frame Finish	Proprietary two-coat powder process
Frame Color	Matte Black

### Adjustments

User Adjustment Range	5 user height positions
Color-coded Pivots & Points of Adjustment	Yes

### Weight Stack

Weight Stack Guarding	Full front and rear shields
Consistent Stack Height	Yes
Total Stack Weight	68.2 kg / 150 lbs.
Weight Plate Increments	4.5 kg / 10 lbs.

### User Amenities

Placard Color Coding	Yellow (upper body)
Contoured seat	Yes
Instructional Placards	Muscle call outs, start and finish exercise illustrations