



## Rotary torso

VST600-S55

If the people at your fitness center want to strengthen their core and back muscles, our selectorized rotary torso station is tougher than you can imagine and more comfortable than you'd expect. It's been tested to withstand over a million reps, more than four times the industry standard, and an easily adjustable ergonomic design makes it comfortable for virtually anyone to sit down and start improving their core and back.



### Frame & Cables

Frame Finish	Proprietary two-coat powder process
Frame Color	Matte Black
Cable Transmission	Internally lubricated cables and fittings
Machine Anchoring	4 anchoring locations

### Adjustments

Color-coded Pivots & Points of Adjustment	Yes
User Adjustment Range	8 user start options

### Tech Specs

Product Weight	197.3 kg / 435 lbs.
Overall Dimensions	133.0 x 130.0 x 170.5 cm / 52.4" x 51.2" x 67.1"

### User Amenities

Instructional Placards	Muscle call outs, start and finish exercise illustrations
Contoured seat	Yes
Placard Color Coding	Red (core)

### Weight Stack

Total Stack Weight	68.2 kg / 150 lbs.
Weight Plate Increments	4.5 kg / 10 lbs.
Consistent Stack Height	Yes
Weight Stack Guarding	Full front and rear shields