



Rotary Hip

VST600-S76

To help your people strengthen their hip joints and the surrounding muscles, choose a selectorized rotary hip station that's tougher than you can imagine and more comfortable than you'd expect. It's been tested to withstand over a million reps, more than four times the industry standard, and an easily adjustable ergonomic design makes it comfortable for virtually anyone to sit down and start strengthening their hips.



Adjustments

User Adjustment Range	5 user height positions
Color-coded Pivots & Points of Adjustment	Yes

Frame & Cables

Frame Color	Matte Black
Frame Finish	Proprietary two-coat powder process
Cable Transmission	Internally lubricated cables and fittings
Machine Anchoring	4 anchoring locations

Tech Specs

Overall Dimensions	116.5 x 135.5 x 172.5 cm / 45.9" x 53.3" x 67.9"
Product Weight	226 kg / 498 lbs.

User Amenities

Contoured Seat	Muscle call outs, start and finish exercise illustrations
Placard Color Coding	Green (lower body)
Contoured seat	N/A

Weight Stack

Weight Plate Increments	Yes
Total Stack Weight	100 kg / 220 lbs.
Consistent Stack Height	6.8 kg / 15 lbs.
Weight Stack Guarding	Full front and rear shields