



Pec Fly / Rear Delt

VST600-S22

Designed to focus on major upper-body muscles, our space-efficient, selectorized pec fly / rear delt dual station is tougher than you can imagine and more comfortable than you'd expect. It's been tested to withstand over a million reps, more than four times the industry standard, and an easily adjustable ergonomic design makes it comfortable for virtually anyone to sit down and start building and toning their upper body.



Adjustments

User Adjustment Range	Adjustable start position from front to rear
Color-coded Pivots & Points of Adjustment	Yes

User Amenities

Instructional Placards	Muscle call outs, start and finish exercise illustrations
Placard Color Coding	Yellow (upper body)
Contoured seat	Yes

Weight Stack

Total Stack Weight	131.8 kg / 290 lbs.
Weight Stack Guarding	Full front and rear shields
Consistent Stack Height	Yes
Weight Plate Increments	9.1 kg / 20 lbs.

Tech Specs

Overall Dimensions	80.0 x 134.0 x 211.8 cm / 31.5" x 52.8" x 83.4"
Product Weight	263.3 kg / 580 lbs.

Frame & Cables

Machine Anchoring	4 anchoring locations
Cable Transmission	Internally lubricated cables and fittings
Frame Finish	Proprietary two-coat powder process
Frame Color	Matte Black