



## Leg Extension / Leg Curl

VST600-S711

Designed specifically for toning and building major leg muscles, our space-efficient, selectorized leg extension / leg curl dual station is tougher than you can imagine and more comfortable than you'd expect. It's been tested to withstand over a million reps, more than four times the industry standard, and an easily adjustable ergonomic design makes it comfortable for virtually anyone to sit down and start strengthening their legs.



### Frame & Cables

Cable Transmission	Internally lubricated cables and fittings
Machine Anchoring	4 anchoring locations
Frame Color	Matte Black
Frame Finish	Proprietary two-coat powder process

### User Amenities

Instructional Placards	Muscle call outs, start and finish exercise illustrations
Placard Color Coding	Green (lower body)
Contoured seat	Yes

### Tech Specs

Product Weight	246 kg / 542 lbs.
Overall Dimensions	150.0 x 118.0 x 170.5 cm / 59.1" x 46.5" x 67.1"

### Weight Stack

Weight Stack Guarding	Full front and rear shields
Consistent Stack Height	Yes
Weight Plate Increments	6.8 kg / 15 lbs.
Total Stack Weight	100 kg / 220 lbs.

### Adjustments

User Adjustment Range	8 user start options
Color-coded Pivots & Points of Adjustment	Yes