

# Chin / Dip Assist

VST600-S601

Now the people you serve can strengthen their triceps, shoulders and pecs with a space-efficient, selectorized chin / dip assist dual station that's tougher than you can imagine and more comfortable than you'd expect. It's been tested to withstand over a million reps, more than four times the industry standard, and an easily adjustable ergonomic design makes it comfortable for virtually anyone to sit down and start enhancing their triceps, shoulders and pecs.



## **Weight Stack**

Consistent Stack Height	Yes
Total Stack Weight	100 kg / 220 lbs.
Weight Plate Increments	6.8 kg / 15 lbs.
Weight Stack Guarding	Full front and rear shields

#### **User Amenities**

Contoured seat	N/A
Placard Color Coding	Yellow (upper body)
Instructional Placards	Muscle call outs, start and finish exercise illustrations

## **Tech Specs**

Product Weight	222 kg / 489 lbs.
Overall Dimensions	128.0 x 143.5 x 239.6 cm / 50.4" x 56.5" x 94.3"

#### Frame & Cables

Frame Color	Matte Black
Frame Finish	Proprietary two-coat powder process
Machine Anchoring	5 anchoring locations
Cable Transmission	Internally lubricated cables and fittings

### **Adjustments**

User Adjustment Range	N/A
Color-coded Pivots & Points of Adjustment	Yes