



Chest Press

VST600-S13

Help your people tone and build major upper-body muscle groups with a selectorized chest press station that's tougher than you can imagine and more comfortable than you'd expect. It's been tested to withstand over a million reps, more than four times the industry standard, and an easily adjustable ergonomic design makes it comfortable for virtually anyone to sit down and start strengthening their upper body.



Tech Specs

Overall Dimensions	115.4 x 142.5 x 196.0 cm / 45.4" x 56.1" x 77.2"
Product Weight	224 kg / 493 lbs.

User Amenities

Instructional Placards	Muscle call outs, start and finish exercise illustrations
Contoured seat	Yes
Placard Color Coding	Yellow (upper body)

Frame & Cables

Machine Anchoring	4 anchoring locations
Cable Transmission	Internally lubricated cables and fittings
Frame Finish	Proprietary two-coat powder process
Frame Color	Matte Black

Adjustments

User Adjustment Range	5 user height positions
Color-coded Pivots & Points of Adjustment	Yes

Weight Stack

Weight Stack Guarding	Full front and rear shields
Weight Plate Increments	6.8 kg / 15 lbs.
Consistent Stack Height	Yes
Total Stack Weight	100 kg / 220 lbs.