

Magnum MI Back Trainer

MD-FW52

The Magnum MI Back Trainer is a versatile training tool designed to isolate the muscles of the lower back and move with the user's normal pelvic rhythm. Three adjustable pad angles (55, 40 and 25 degrees) allow users to train in a straight plane, diagonally and on each side. Trunk pads cushion the pelvis and not the thighs, ensuring proper pelvis alignment.



TECH SPECS	
PRODUCT WEIGHT	58 kg / 128 lbs
OVERALL DIMENSIONS (L X W X H)	135.5 x 73.1 x 100.1 cm / 53.4" x 28.8" x 39.4"

MAX TRAINING WEIGHT	45.4 kg / 100 lbs
MAX. USER WEIGHT	182 kg / 400 lbs