



G3-S50

- Hand grips and contoured-edge chest pad provide greater user comfort
- Adjustable-resistance arm allows users to determine their own starting position



EASE OF USE	
COLOR-CODED PIVOTS & ADJUSTS	Yes
INSTRUCTIONAL PLACARDS	Yes
BOTTLE & TOWEL HOLDER	Yes
ERGO FORM CUSHIONS	Yes

FRAME & BELT	
BELT TRANSMISSION	Reinforced 15/16" flat Kevlar/urethane belt
FRAME FINISH	Proprietary two-coat powder process
OVER-SIZED FRAME TUBING	Yes
FRAME COLOR	Polarized Titanium

TECH SPECS	
OVERALL DIMENSIONS (L X W X H)	54"L x 37"W x 59"H
TOTAL WEIGHT	405 lbs.
SHIPPING WEIGHT	500 lbs.
WEIGHT STACK	150 lbs.

WEIGHT STACK	
SELF-LUBRICATING WEIGHT STACK BUSHINGS	Solid cold-rolled steel plate, with Teflon inner bushings.
DECK STEP HEIGHT	Yes
WEIGHT PINS	Magnetic & tethered
GUARDS & PULLEYS COVERS	Yes
SUSPENSION	3-Point Design