



G3-S13

- Independent converging movement provides a natural path of motion
- Dual hand grip positions provide greater training variety
- Designed for easy entry and exit



EASE OF USE	
ERGO FORM CUSHIONS	Yes
BOTTLE & TOWEL HOLDER	Yes
INSTRUCTIONAL PLACARDS	Yes
COLOR-CODED PIVOTS & ADJUSTS	Yes

FRAME & BELT	
OVER-SIZED INTERNAL FRAME TUBING	Yes
CABLE TRANSMISSION	Internally Lubricated Cables
FRAME COLOR	Iced Silver
FRAME FINISH	Proprietary two-coat powder process

TECH SPECS	
WEIGHT STACK	113 kg / 250 lbs.
TOTAL WEIGHT	293 kg / 645 lbs.
OVERALL DIMENSIONS (L X W X H)	128.3 x 155.1 x 174.8 cm / 50.5" x 61.1" x 68.8"
SHIPPING WEIGHT	327 kg / 720 lbs.

WEIGHT STACK	
GUARDS & PULLEYS COVERS	Yes
SUSPENSION	3-Point Design
WEIGHT PINS	Magnetic & tethered
SELF-LUBRICATING WEIGHT STACK BUSHINGS	Solid cold-rolled steel plate, with Teflon inner bushings.