

BENCH

HBN70



UPGRADE THE WAY YOU TRAIN

Now home strength training is more intelligent than ever. Our new Bench pairs seamlessly with our exclusive atZone app for progressive training tailored to your goals. The ultra-comfortable backrest adjusts to five angles for dynamic workouts, and it includes easily adjustable dumbbells and kettlebells to help you get started, plus integrated storage to keep them out of your way. Bring home our new bench today to get a smart foundation for strength training in your home.



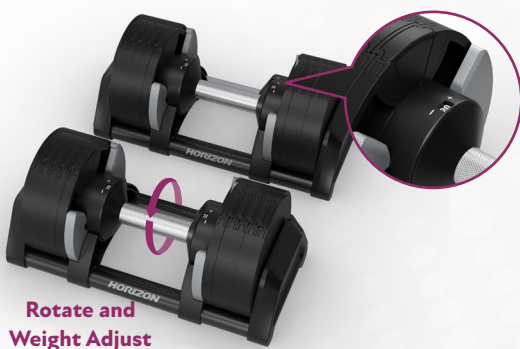
INTELLIGENT TRAINING

Our new Bench pairs seamlessly with our exclusive atZone app, offering progressive workouts tailored to your unique strength training goals.



SMART ACCESSORIES

The included dumbbells and kettlebells adjust to a range of weights, and intuitive design makes every transition quick and easy when following workout cues from the atZone app.



ADJUSTABLE DUMBBELL

An intuitive twist-and-lift solution for adjustable dumbbells.

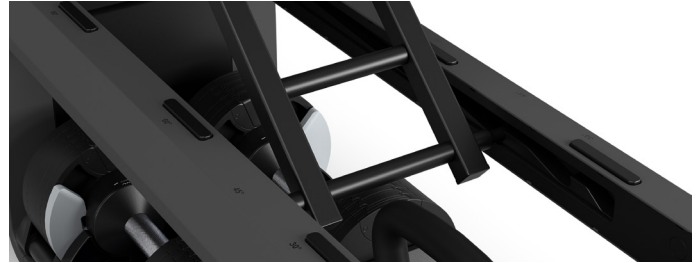


ADJUSTABLE KETTLEBELL

The smart press-and-pin to effortlessly select your desired kettlebell weight.

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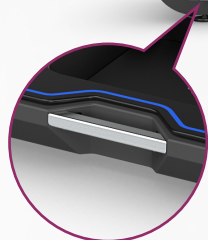


EASY ADJUSTMENTS

The backrest adjusts to five angles for a range of dynamic workouts and to target the specific muscle groups you want to tone and build.

CLUTTER-FREE CONVENIENCE

Our Bench includes integrated storage space so dumbbells, kettlebells and other accessories are always easy to access but never in your way.



DYNAMIC RESISTANCE OPTIONS

Easily attach resistance bands to anchor points, offering varied levels of intensity and challenge.

FEATURES	
Model Number	HBN70
Frame Construction	Metal sheet / ABS
Frame Color	Matte Black / Graphite Gray
Pad Color	Black
Backrest Adjustment	5 Positions
Hook	6
Storage space	Yes (an see-through storage & top-opening drawer)
Accessories	1 pairs of adjustable dumbbells 1 piece of adjustable kettlebell
Adjustable Weight (DUMBBELL)	Adjusts from 2 to 20 kg with instant-twist weight selection grip 10 levels: 2-4-6-8-10-12-14-16-18-20 kg *The grip length vary with weight
Adjustable Weight (KETTLEBELL)	Adjusts from 6 to 16 kg with easy-to-use weight selection pins. 6 levels: 6-8-10-12-14-16 kg
Security	Lock stack from dropping when: 1. during workout 2. incorrect adjustment position

TECH SPECS	
Assembled Dimensions (L x W x H)	133.6 x 37 x 47 cm / 52.6" x 14.6" x 18.5"
Product Weight	Bench only: 48.1 kg / 105.9 lbs. Total: 108.3 kg / 238.5 lbs. weights
Max User Weight	159 kg / 350 lbs.