



INTRO

The Xebex Fitness XT3 PLUS Sled is an innovative training tool that brings conventional training and modern technology together to provide an advanced workout experience. It's intelligently designed to enhance strength and conditioning regimens with an optional, easy-to-use console that enables the user to track their speed, distance, watts, and more. The wheeled design allows for training on virtually any surface while keeping noise at a minimum; the Tri-Handlebar and sled base provide multi-functional pushing, pulling, and wheelbarrow movement options. The variety of functions that the XT3 Plus Sled offers would normally require numerous individual pieces of equipment and enough floor space, while the XT3 Plus Sled conveniently stores vertically into a 28" x 24" area.

PRODUCT SPECS

Gross Weight (with packaging): 51 KG
Net Weight (without packaging): 46 KG
Package Dimensions: 1170x540x470mm
Assembled Dimensions: 1150x714x1206mm

TRAIN SMARTER



MEASURE & TRACK PERFORMANCE

The standard option includes phone holder with 180° rotation and allows you to use a phone timer. Upgrade to the backlit **Smart Connect console** with 180° rotation that displays workout metrics and connects to various third-party apps to record your workout history.

KEY FEATURES

VERTICAL STORAGE

Space-saving footprint of 714mm x 598mm when stored in an upright position

BI-DIRECTIONAL MOVEMENT

Push and pull from either end using the **Tri-Handlebar** and **Low Handlebar**; the 3-wheel design makes the sled easy to maneuver

HASSLE-FREE TRANSPORT

The width fits standard size doorways for effortless transport and convenient storage

MINIMAL NOISE

Wheeled design allows for training on virtually any surface while keeping noise at a minimum



MAGNETIC RESISTANCE

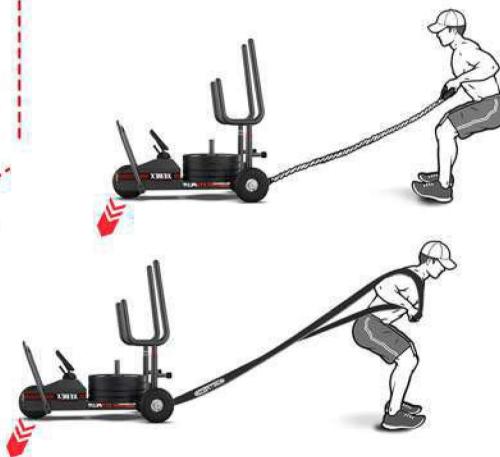
Adjustable magnetic resistance from levels 1 to 8; the harder you push, the greater the resistance

DESIGNED FOR INDOORS & OUTDOORS

The sled is coated with anti-UV black powder coat to withstand the elements

ACCESSORIES INCLUDED

Includes **phone holder** and **V-strap** to attach a harness or rope. Upgrade to console version to track performance metrics (removes phone holder option)



Able to attach harness from back, 2-wheel side which keeps the resistance from front wheel engaged more easily

TRI HANDLEBAR & LOW HANDLEBAR

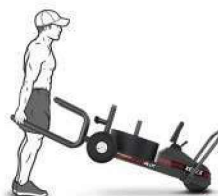
Supports different grip styles for a variety of exercises. Insert the Tri Handlebar into the base to use the sled as a wheelbarrow and add weight on the plate sleeve to increase the load.



CONVENTIONAL HIGH PUSH



X-DRIVE PUSH



WHEELBARROW PUSH



LOW BAR PUSH