

3 TRAINING MODES

CARDIO AND STRENGTH
FULL BODY WORKOUT • IMPROVED SPEED • FUNCTIONAL TRAINING



SLEDTRAC LITE combines a user-driven treadmill and weighted sled with 2 incline positions into one space-saving unit. Our patented Dynamic Sled Handle engages the user's core and balance to accurately simulate life-like sled movements. Adjust between 10 resistance levels up to 900 watts and feel the burn!



SELF-POWERED RESISTANCE SYSTEM

10 LEVELS RESISTANCE CAN BE ADJUSTED FROM CONSOLE



FIXED SLED MODE

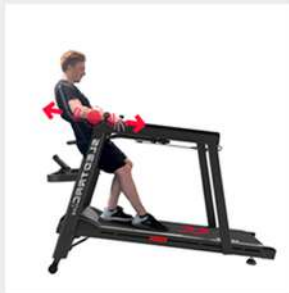
MAX 900 WATT
RESISTANCE

INCLINE 2 LEVELS
7% / 16%

SPEED UNLIMITED

RESISTANCE 10 LEVELS

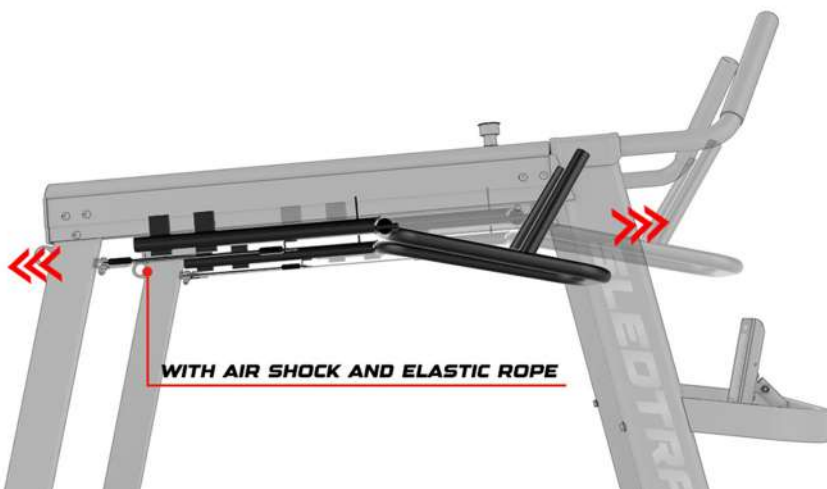
NO PLUGS NEEDED



DYNAMIC SLED MODE

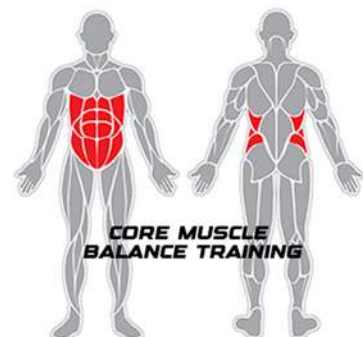


SELF-POWERED STEP MODE



DYNAMIC SLED HANDLE

SLED HANDLE MOVES FORCING CORE MUSCLE STABILIZATION





EASY TRANSPORT

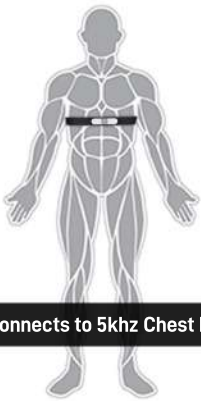


DIMENSION		
RUNNING AREA		510 x 1480 mm (20"x 58.3")
L x W x H		1956 x 780 x 1582 mm (77" x 30.7" x 62.3")
UNIT WEIGHT		98.2 kgs (216.5 lbs)
TECHNICAL SPEC		
DRIVE SYSTEM		Self-Powered Resistance System
RUNNING BELT RESISTANCE		10 Levels
MAX RESISTANCE		900W - 2.6 MPH
SLED BAR		Fixed x 1
CORE-BAR RESISTANCE		Air Shock (20 Lb) x 2
CORE-BAR DRAG FORCE		Detachable elastic rope x 2
INCLINE		2 Levels - 7% / 16%
DISPLAY		LCD
PULSE		Wireless Receiver 5K Hz
USB CHARGER		Standard
RUNNING BELT		Pre-Wax 1.6T
RUNNING DECK		MDF 18T



2 LEVELS OF INCLINE

FOR DIFFERENT INTENSITY WORKOUTS



FRIENDLY OPERATION

- * RESISTANCE ADJUSTMENT (10 LEVELS)
- * INTERVAL AND 4 TARGET TRAINING
- * MULTI-ANGLE ADJUSTABLE CONSOLE
- * READOUT: TIME / PACE / DISTANCE / SPEED / CALORIES / WATT / LEVEL
- * PROGRAMS: INTERVAL / TARGET TIME / DISTANCE / CALORIES / HR

FIXED SLED HANDLE

DYNAMIC SLED HANDLE

DETACHABLE BUNGEE CORDS

SELF-POWERED RESISTANCE SYSTEM

SLOPE ADJUSTMENT

FREE ANGLE

AUXILIARY AIR SHOCK FOR ADJUSTING SLOPE

PRE-WAX 1.6T

Connects to 5khz Chest Belts

