



G7-S55B | G7-S55BH

- Kneeling position minimizes low-back stress while stretching hip flexors
- Contoured knee pads with wear covers enhance comfort, stability and durability
- Oversized handlebars accommodate a variety of users without adjustment
- Knee pad wear cover improves upholstery performance in high contact areas
- Range of motion feature with 8 different start positions adds greater versatility



ADJUSTMENTS	
USER ADJUSTMENT RANGE	4 knee pad start positions on each side
COLOR-CODED PIVOTS & POINTS OF ADJUSTMENT	Yes

FRAME & CABLES	
INTEGRATED LEVELING SYSTEM	Yes, top-down leveler
MACHINE ANCHORING	Independent machine hold down brackets
CABLE TRANSMISSION	Internally lubricated cables and fittings
FRAME FINISH	Proprietary two-coat powder process
AVAILABLE FRAME COLORS	Iced Silver, Matte Black, Graphite Grey, Gloss Black, Lace White, Polarized Titanium

TECH SPECS	
MAX TRAINING WEIGHT (G7-S55B)	68 kg / 150 lbs.
MAX USER WEIGHT	136 kg / 300 lbs.
MAX TRAINING WEIGHT (G7-S55BH)	90 kg / 200 lbs.
OVERALL "STATIC" DIMENSIONS (L X W X H)	117 x 123 x 141 cm / 45.8" x 48.2" x 55.2"
OVERALL "IN-USE" DIMENSIONS (L X W X H)	117 x 123 x 141 cm / 45.8" x 48.2" x 55.2"
PRODUCT WEIGHT (G7-S55BH)	224 kg / 495 lbs.
PRODUCT WEIGHT (G7-S55B)	202 kg / 445 lbs.

USER AMENITIES	
REP COUNTER	No
PERSONAL STORAGE	Two tactile storage mats and one personal device cradle
CONTOURED SEAT	Yes
KNEE PAD WEAR COVER	Yes
FRONT PLACARDS	Muscle call outs, exercise-specific stretching, start and finish exercise illustrations, proper machine adjustments, color-coded machine identification
REAR PLACARDS	Color-coded machine identification, exercise-specific stretching
PLACARD COLOR CODING	Green (core)

WEIGHT STACK	
TOTAL STACK WEIGHT (G7-S55BH)	90 kg / 200 lbs.
WEIGHT PLATE INCREMENTS	4.5 kg / 10 lbs.
STACK HEIGHT	135 cm / 53"
INCREMENTAL WEIGHT SYSTEM	No
WEIGHT STACK GUARDING	Full front and rear shields
TOTAL STACK WEIGHT (G7-S55B)	68 kg / 150 lbs.