



## | Ultra Diverging Seated Row

G7-S34-AS200

For a complete, comfortable way to strengthen the muscles of the upper back and the lats, choose our powerful Ultra Diverging Seated Row. Independent diverging movements provide a natural path of motion. Dual-position foot placement makes use comfortable, while an adjustable chest pad with gas shock accommodates users of all sizes.

Also available in Ultra Base option G7-S34B.



PROGRESSION BASED PROGRAMMING  STORED USER SETTINGS Yes, seat settings and Bluetooth HR  DEMO VIDEO Yes  DUAL USER SIGN-IN WORKOUTS Manual, Endurance, Build, Strength, E-Lifts, Engage 360  ENGAGE 360 COMPATIBLE Yes  EGYM COMPATIBLE Yes  COMMUNITY 360 COMPATIBLE Yes  WEB CONNECTIVITY Yes  WI-FI Yes  DISPLAY FEEDBACK Sets, Reps, Rest Time, Total Weight Lifted  ETHERNET PORT Yes  BLUETOOTH Heart rate only  USER-DEFINED MULTI-LANGUAGE DISPLAY  WISH, Basque, Vietnamese, Sornal, Portuguese, Chinese, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish  LIFT TO START Yes  DISPLAY TYPE 40.6 cm / 16" class capacative touchscreen LCD  ASSET MANAGEMENT COMPATIBLE  FACILITY COMMUNICATION PORTAL/CALENDAR  CSAFE READY-FITLINXX CERTIFIED  NO  USB PORT No, service only  ASSEMBLED HEIGHT 147.3 cm / 58" as assembled on Ultra weight stack  POWER REQUIREMENTS 1007-240v / 50-60 Hz AC	INTELLIGENT TRAINING CONSOLE (O	PTIONAL)
DEMO VIDEO  DUAL USER SIGN-IN  WORKOUTS  Manual, Endurance, Build, Strength, E- Lifts, Engage 360  ENGAGE 360 COMPATIBLE  EGYM COMPATIBLE  Yes  COMMUNITY 360 COMPATIBLE  WEB CONNECTIVITY  WI-FI  Yes  WI-FI  DISPLAY FEEDBACK  ETHERNET PORT  BLUETOOTH  Heart rate only  USER-DEFINED MULTI-LANGUAGE DISPLAY  DISPLAY  LIFT TO START  FITTOUCH TECHNOLOGY  DISPLAY TYPE  ASSET MANAGEMENT COMPATIBLE  FACILITY COMMUNICATION PORTAL/CALENDAR  CSAFE READY-FITLINXX CERTIFIED  NO  MANUAL, Endurance, Build, Strength, E- Lifts, Engage 360  Wash, Engage 360  ENGAGE Seb.  Manual, Endurance, Build, Strength, E- Lifts, Engage 360  Sets, Reps, Rest Time, Total Weight Lifted  ETHERNET PORT  Yes  English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish  LIFT TO START  Yes  FITTOUCH TECHNOLOGY  Yes  DISPLAY TYPE  40.6 cm / 16" class capacative touchscreen LCD  ASSET MANAGEMENT COMPATIBLE  FACILITY COMMUNICATION PORTAL/CALENDAR  CSAFE READY-FITLINXX CERTIFIED  No  USB PORT  No, service only  ASSEMBLED HEIGHT  147.3 cm / 58" as assembled on Ultra weight stack		Yes
DUAL USER SIGN-IN  WORKOUTS  Manual, Endurance, Build, Strength, E- Lifts, Engage 360  ENGAGE 360 COMPATIBLE  EGYM COMPATIBLE  Yes  COMMUNITY 360 COMPATIBLE  WEB CONNECTIVITY  WI-FI  Ves  DISPLAY FEEDBACK  ETHERNET PORT  BLUETOOTH  USER-DEFINED MULTI-LANGUAGE DISPLAY  USER-DEFINED MULTI-LANGUAGE DISPLAY  Wish, Basque, Vietnamese, Somali, Danish  LIFT TO START  Yes  FITTOUCH TECHNOLOGY  ASSET MANAGEMENT COMPATIBLE  FACILITY COMMUNICATION PORTAL/CALENDAR  CSAFE READY-FITLINXX CERTIFIED  No  Manual, Endurance, Build, Strength, E- Lifts, Engage 360  Manual, Endurance, Build, Strength, E- Lifts, Engage 360  Sets, Reps, Rest Time, Total Weight Lifted  English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Basque, Vietnamese, Somali, Danish  Noels Class capacative touchscreen LCD  ASSET MANAGEMENT COMPATIBLE  FACILITY COMMUNICATION PORTAL/CALENDAR  CSAFE READY-FITLINXX CERTIFIED  No  USB PORT  No, service only  ASSEMBLED HEIGHT  147.3 cm / 58" as assembled on Ultra weight stack	STORED USER SETTINGS	Yes, seat settings and Bluetooth HR
WORKOUTS  Manual, Endurance, Build, Strength, E-Lifts, Engage 360  ENGAGE 360 COMPATIBLE  EGYM COMPATIBLE  Yes  COMMUNITY 360 COMPATIBLE  WEB CONNECTIVITY  WI-FI  Ves  DISPLAY FEEDBACK  ETHERNET PORT  BLUETOOTH  USER-DEFINED MULTI-LANGUAGE DISPLAY  DISPLAY  ENglish, German, French, Italian, Spanish, Dutch, Portuguese, Chinese, Japanese, Korean, Swedish, Finnish, Welsh, Basque, Vietnamese, Somali, Danish  LIFT TO START  Yes  FITTOUCH TECHNOLOGY  POISPLAY TYPE  40.6 cm / 16" class capacative touchscreen LCD  ASSET MANAGEMENT  COMPATIBLE  FACILITY COMMUNICATION PORTAL/CALENDAR  CSAFE READY-FITLINXX CERTIFIED  No  USB PORT  No, service only  ASSEMBLED HEIGHT  147.3 cm / 58" as assembled on Ultra weight stack	DEMO VIDEO	Yes
ENGAGE 360 COMPATIBLE  EGYM COMPATIBLE  Yes  COMMUNITY 360 COMPATIBLE  WEB CONNECTIVITY  WI-FI  Ves  WI-FI  DISPLAY FEEDBACK  ETHERNET PORT  BLUETOOTH  USER-DEFINED MULTI-LANGUAGE DISPLAY  Ves  English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish  LIFT TO START  FITTOUCH TECHNOLOGY  POISPLAY TYPE  40.6 cm / 16" class capacative touchscreen LCD  ASSET MANAGEMENT COMPATIBLE  FACILITY COMMUNICATION PORTAL/CALENDAR  CSAFE READY-FITLINXX CERTIFIED  No  USB PORT  No, service only  ASSEMBLED HEIGHT  147.3 cm / 58" as assembled on Ultra weight stack	DUAL USER SIGN-IN	Yes
EGYM COMPATIBLE  COMMUNITY 360 COMPATIBLE  WEB CONNECTIVITY  WI-FI  Ves  WI-FI  DISPLAY FEEDBACK  Sets, Reps, Rest Time, Total Weight Lifted  ETHERNET PORT  BLUETOOTH  USER-DEFINED MULTI-LANGUAGE DISPLAY  DISPLAY  FITTOUCH TECHNOLOGY  DISPLAY TYPE  ASSET MANAGEMENT COMPATIBLE  FACILITY COMMUNICATION PORTAL/CALENDAR  CSAFE READY-FITLINXX CERTIFIED  NO  USB PORT  No, service only  ASSEMBLED HEIGHT  Yes  Yes  Yes  Yes  Yes  ASSEMBLED HEIGHT  Yes  Yes  Yes  Yes  Yes  Yes  Yes  Ye	WORKOUTS	
COMMUNITY 360 COMPATIBLE  WEB CONNECTIVITY  Yes  WI-FI  DISPLAY FEEDBACK  ETHERNET PORT  BLUETOOTH  USER-DEFINED MULTI-LANGUAGE DISPLAY  Ves  English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish  LIFT TO START  Yes  FITTOUCH TECHNOLOGY  PISPLAY TYPE  40.6 cm / 16" class capacative touchscreen LCD  ASSET MANAGEMENT COMPATIBLE  FACILITY COMMUNICATION PORTAL/CALENDAR  CSAFE READY-FITLINXX CERTIFIED  No  USB PORT  No, service only  ASSEMBLED HEIGHT  147.3 cm / 58" as assembled on Ultra weight stack	ENGAGE 360 COMPATIBLE	Yes
WEB CONNECTIVITY  WI-FI  Yes  DISPLAY FEEDBACK  Sets, Reps, Rest Time, Total Weight Lifted  ETHERNET PORT  Yes  BLUETOOTH  USER-DEFINED MULTI-LANGUAGE DISPLAY  DISPLAY  LIFT TO START  FITTOUCH TECHNOLOGY  DISPLAY TYPE  40.6 cm / 16" class capacative touchscreen LCD  ASSET MANAGEMENT COMPATIBLE  FACILITY COMMUNICATION PORTAL/CALENDAR  CSAFE READY-FITLINXX CERTIFIED  No  USB PORT  No, service only  ASSEMBLED HEIGHT  Yes  Sets, Reps, Rest Time, Total Weight Lifted  Yes  English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish  Yes  FITTOUCH TECHNOLOGY  Yes  No. 6 cm / 16" class capacative touchscreen LCD  Yes  ASSEMBLED HEIGHT  No  USB PORT  No, service only	EGYM COMPATIBLE	Yes
DISPLAY FEEDBACK  Sets, Reps, Rest Time, Total Weight Lifted  ETHERNET PORT  Yes  BLUETOOTH  Heart rate only  USER-DEFINED MULTI-LANGUAGE DISPLAY  DISPLAY  LIFT TO START  FITTOUCH TECHNOLOGY  POISPLAY TYPE  ASSET MANAGEMENT COMPATIBLE  FACILITY COMMUNICATION PORTAL/CALENDAR  CSAFE READY-FITLINXX CERTIFIED  NO  USB PORT  No, service only  ASSEMBLED HEIGHT  Yes  Sets, Reps, Rest Time, Total Weight Lifted  Yes  English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish  Yes  FITTOUCH TECHNOLOGY  Yes  FACILITY COMMUNICATION No PORTAL/CALENDAR  CSAFE READY-FITLINXX CERTIFIED  No  USB PORT  No, service only  ASSEMBLED HEIGHT	COMMUNITY 360 COMPATIBLE	Yes
DISPLAY FEEDBACK  Sets, Reps, Rest Time, Total Weight Lifted  FHERNET PORT  Yes  BLUETOOTH  USER-DEFINED MULTI-LANGUAGE DISPLAY  DISPLAY  FITTOUCH TECHNOLOGY  DISPLAY TYPE  ASSET MANAGEMENT COMPATIBLE  FACILITY COMMUNICATION PORTAL/CALENDAR  CSAFE READY-FITLINXX CERTIFIED  No  USB PORT  No, service only  Yes  Sets, Reps, Rest Time, Total Weight Lifted  Yes  English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish  Yes  140.6 cm / 16" class capacative touchscreen LCD  No  No  147.3 cm / 58" as assembled on Ultra weight stack	WEB CONNECTIVITY	Yes
ETHERNET PORT  Yes  BLUETOOTH  Heart rate only  USER-DEFINED MULTI-LANGUAGE DISPLAY  Polish, German, French, Italian, Spanish, Dutch, Portuguese, Chinese, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish  LIFT TO START  Yes  FITTOUCH TECHNOLOGY  POISPLAY TYPE  40.6 cm / 16" class capacative touchscreen LCD  ASSET MANAGEMENT COMPATIBLE  FACILITY COMMUNICATION PORTAL/CALENDAR  CSAFE READY-FITLINXX CERTIFIED  No  USB PORT  No, service only  147.3 cm / 58" as assembled on Ultra weight stack	WI-FI	Yes
BLUETOOTH  USER-DEFINED MULTI-LANGUAGE DISPLAY  English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish  LIFT TO START  Yes  FITTOUCH TECHNOLOGY  POISPLAY TYPE  40.6 cm / 16" class capacative touchscreen LCD  ASSET MANAGEMENT COMPATIBLE  FACILITY COMMUNICATION PORTAL/CALENDAR  CSAFE READY-FITLINXX CERTIFIED  No  USB PORT  No, service only  147.3 cm / 58" as assembled on Ultra weight stack	DISPLAY FEEDBACK	
USER-DEFINED MULTI-LANGUAGE DISPLAY  English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish  LIFT TO START  Yes  FITTOUCH TECHNOLOGY  Yes  DISPLAY TYPE  40.6 cm / 16" class capacative touchscreen LCD  ASSET MANAGEMENT COMPATIBLE  FACILITY COMMUNICATION PORTAL/CALENDAR  CSAFE READY-FITLINXX CERTIFIED  No  USB PORT  No, service only  ASSEMBLED HEIGHT  147.3 cm / 58" as assembled on Ultra weight stack	ETHERNET PORT	Yes
DISPLAY Spanish, Dutch, Portuguese, Chinese, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish  LIFT TO START Yes FITTOUCH TECHNOLOGY Yes DISPLAY TYPE 40.6 cm / 16" class capacative touchscreen LCD  ASSET MANAGEMENT Yes FACILITY COMMUNICATION PORTAL/CALENDAR CSAFE READY-FITLINXX CERTIFIED No USB PORT No, service only  ASSEMBLED HEIGHT 147.3 cm / 58" as assembled on Ultra weight stack	BLUETOOTH	Heart rate only
FITTOUCH TECHNOLOGY  PISPLAY TYPE  40.6 cm / 16" class capacative touchscreen LCD  ASSET MANAGEMENT Yes  FACILITY COMMUNICATION PORTAL/CALENDAR  CSAFE READY-FITLINXX CERTIFIED No  USB PORT  No, service only  ASSEMBLED HEIGHT  147.3 cm / 58" as assembled on Ultra weight stack		Spanish, Dutch, Portuguese, Chinese, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali,
DISPLAY TYPE  40.6 cm / 16" class capacative touchscreen LCD  ASSET MANAGEMENT Yes  FACILITY COMMUNICATION PORTAL/CALENDAR  CSAFE READY-FITLINXX CERTIFIED No  USB PORT No, service only  ASSEMBLED HEIGHT 147.3 cm / 58" as assembled on Ultra weight stack	LIFT TO START	Yes
ASSET MANAGEMENT COMPATIBLE  FACILITY COMMUNICATION PORTAL/CALENDAR  CSAFE READY-FITLINXX CERTIFIED  NO  USB PORT  No, service only  ASSEMBLED HEIGHT  147.3 cm / 58" as assembled on Ultra weight stack	FITTOUCH TECHNOLOGY	Yes
COMPATIBLE  FACILITY COMMUNICATION PORTAL/CALENDAR  CSAFE READY-FITLINXX CERTIFIED No  USB PORT No, service only  ASSEMBLED HEIGHT 147.3 cm / 58" as assembled on Ultra weight stack	DISPLAY TYPE	
PORTAL/CALENDAR  CSAFE READY-FITLINXX CERTIFIED No  USB PORT No, service only  ASSEMBLED HEIGHT 147.3 cm / 58" as assembled on Ultra weight stack		Yes
USB PORT No, service only  ASSEMBLED HEIGHT 147.3 cm / 58" as assembled on Ultra weight stack		No
ASSEMBLED HEIGHT  147.3 cm / 58" as assembled on Ultra weight stack	CSAFE READY-FITLINXX CERTIFIED	No
weight stack	USB PORT	No, service only
POWER REQUIREMENTS 100v-240v / 50-60 Hz AC	ASSEMBLED HEIGHT	
	POWER REQUIREMENTS	100v–240v / 50–60 Hz AC

SHIPPING WEIGHT	9.4 kg / 21 lbs.
ADJUSTMENTS	
MACHINE ASSISTED USER ADJUSTMENTS	Spring assisted seat, gas assisted chest pad
USER ADJUSTMENT RANGE	7 position seat, 9 position chest pad
COLOR CODED PIVOTS & POINTS OF ADJUSTMENT	Yes

FRAME & CABLES	
MACHINE ANCHORING	Independent machine hold down brackets
INTEGRATED LEVELING SYSTEM	Yes, top-down leveler
CABLE TRANSMISSION	Internally lubricated cables & fittings
FRAME FINISH	Proprietary two-coat powder process
AVAILABLE FRAME COLORS	Iced Silver, Matte Black, Gloss Black, Lace White, Polarized Titanium

TECH SPECS	
REP COUNTER POWER SUPPLY	2 AA batteries
PRODUCT WEIGHT	343 kg / 757 lbs
OVERALL "IN-USE" DIMENSIONS (L X W X H)	158 x 138.5 x 140.5 cm / 62.2" x 54.5" x 55.3"
OVERALL "STATIC" DIMENSIONS (L X W X H)	158 x 135.5 x 140.5 cm / 62.2" x 53.3" x 55.3"
REP COUNTER MACHINE USAGE TRACKING	Service mode tracks total machine reps and hours of use
REP COUNTER BATTERY LIFE	Approximately 3 years

USER AMENITIES	
PERSONAL STORAGE	Two tactile storage mats, personal device cradle and towel hook
FRONT PLACARDS	Muscle call outs, exercise specific stretching, start & finish exercise illustrations, proper machine adjustments, color-coded machine identification
ACTION SPECIFIC GRIPS	Exercise specific grips improving feel, function and form during use
FOOT SUPPORTS	Dual foot support positions for comfort
PLACARD COLOR CODING	Yellow (upper body)
REAR PLACARDS	Color-coded machine identification, exercise specific stretching
REP COUNTER	Electronic counter displays reps, exercise time and rest time
CONTOURED SEAT	Yes

WEIGHT STACK	
TOTAL STACK WEIGHT	108 kg / 240 lbs
WEIGHT STACK GUARDING	Full front and rear shields
MAX TRAINING WEIGHT	111.4 kg / 247.5 lbs
CONSISTENT 53" STACK HEIGHT	Yes
WEIGHT PLATE INCREMENTS	4.5 kg / 10 lbs
INCREMENTAL WEIGHT SYSTEM	1.1, 2.3, 3.4 kg / 2.5, 5, 7.5 lbs