

Ultra Base Converging Shoulder Press

G7-S23B | G7-S23BH

- Independent converging movement provides a natural path of motion
- Dual-position hand grips allow for greater training variety
- Counterbalanced pressing arms provide reduced starting resistance
- Reclining seat position allows for better posture and back support



ADJUSTMENTS	
USER ADJUSTMENT RANGE	7-position seat
MACHINE-ASSISTED USER ADJUSTMENTS	Gas-assisted seat
COLOR-CODED PIVOTS & POINTS OF ADJUSTMENT	Yes

FRAME & CABLES	
INTEGRATED LEVELING SYSTEM	Yes, top-down leveler
MACHINE ANCHORING	Independent machine hold down brackets
CABLE TRANSMISSION	Internally lubricated cables and fittings
FRAME FINISH	Proprietary two-coat powder process
AVAILABLE FRAME COLORS	Iced Silver, Matte Black, Graphite Grey, Gloss Black, Lace White, Polarized Titanium

TECH SPECS	
MAX USER WEIGHT	136 kg / 300 lbs.
MAX TRAINING WEIGHT (G7-S23BH)	90 kg / 200 lbs.
MAX TRAINING WEIGHT (G7-S23B)	54 kg / 120 lbs.
PRODUCT WEIGHT (G7-S23BH)	277 kg / 611.5 lbs.
OVERALL "IN-USE" DIMENSIONS (L X W X H)	168 x 146.5 x 174 cm / 66.1" x 57.6" x 68.4"
PRODUCT WEIGHT (G7-S23B)	241 kg / 531.5 lbs.
OVERALL "STATIC" DIMENSIONS (L X W X H)	168 x 146.5 x 135 cm / 66.1" x 57.6" x 53"

USER AMENITIES	
FRONT PLACARDS	Muscle call outs, exercise-specific stretching, start and finish exercise illustrations, proper machine adjustments, color-coded machine identification
PLACARD COLOR CODING	Yellow (upper body)
REAR PLACARDS	Color-coded machine identification, exercise-specific stretching
ACTION SPECIFIC GRIPS	No
PERSONAL STORAGE	Two tactile storage mats and one personal device cradle
REP COUNTER	No
CONTOURED SEAT	Yes

WEIGHT STACK	
TOTAL STACK WEIGHT (G7-S23BH)	90 kg / 200 lbs.
TOTAL STACK WEIGHT (G7-S23B)	54 kg / 120 lbs.
STACK HEIGHT	135 cm / 53"
INCREMENTAL WEIGHT SYSTEM	No
WEIGHT STACK GUARDING	Full front and rear shields
WEIGHT PLATE INCREMENTS	4.5 kg / 10 lbs.