

## Ultra Base Abdominal Crunch

G7-S51B | G7-S51BH

- Curved back pads for full muscular contraction and comfort
- Self-aligning handles adjust to accommodate a variety of users
- Dual-supported pivoting design fosters natural abdominal crunch motion
- Elbow pad wear covers improve upholstery performance in high contact areas



ADJUSTMENTS	
USER ADJUSTMENT RANGE	7-position seat
MACHINE-ASSISTED USER ADJUSTMENTS	Gas-assisted seat
COLOR-CODED PIVOTS & POINTS OF ADJUSTMENT	Yes

FRAME & CABLES	
FRAME FINISH	Proprietary two-coat powder process
AVAILABLE FRAME COLORS	Iced Silver, Matte Black, Graphite Grey, Gloss Black, Lace White, Polarized Titanium
MACHINE ANCHORING	Independent machine hold down brackets
CABLE TRANSMISSION	Internally lubricated cables and fittings
INTEGRATED LEVELING SYSTEM	Yes, top-down leveler

TECH SPECS	
PRODUCT WEIGHT (G7-S51B)	247 kg / 544.5 lbs.
PRODUCT WEIGHT (G7-S51BH)	283 kg / 624.5 lbs.
MAX TRAINING WEIGHT (G7-S51B)	72 kg / 160 lbs.
MAX TRAINING WEIGHT (G7-S51BH)	108 kg / 240 lbs.
MAX USER WEIGHT	136 kg / 300 lbs.
OVERALL "IN-USE" DIMENSIONS (L X W X H)	139 x 121 x 147 cm / 54.6" x 47.5" x 57.9"
OVERALL "STATIC" DIMENSIONS (L X W X H)	139 x 121 x 147 cm / 54.6" x 47.5" x 57.9"

USER AMENITIES	
FRONT PLACARDS	Muscle call outs, exercise-specific stretching, start and finish exercise illustrations, proper machine adjustments, color-coded machine identification
PLACARD COLOR CODING	Green (core)
REAR PLACARDS	Color-coded machine identification, exercise-specific stretching
ELBOW WEAR COVERS	Yes
ACTION SPECIFIC GRIPS	No
PERSONAL STORAGE	Two tactile storage mats and one personal device cradle
REP COUNTER	No
CONTOURED SEAT	Yes

WEIGHT STACK	
TOTAL STACK WEIGHT (G7-S51B)	72 kg / 160 lbs.
INCREMENTAL WEIGHT SYSTEM	No
WEIGHT STACK GUARDING	Full front and rear shields
STACK HEIGHT	135 cm / 53"
WEIGHT PLATE INCREMENTS	4.5 kg / 10 lbs.
TOTAL STACK WEIGHT (G7-S51BH)	108 kg / 240 lbs.