

# ROTARY HIP

## VST600-S76



### MAKE A STRONG SELECTION

To help your people strengthen their hip joints and the surrounding muscles, choose a selectorized rotary hip station that's tougher than you can imagine and more comfortable than you'd expect. It's been tested to withstand over a million reps, more than four times the industry standard, and an easily adjustable ergonomic design makes it comfortable for virtually anyone to start strengthening their hips.

ADJUSTMENTS		FRAME & CABLES		TECH SPECS	
User adjustment range	5 user height positions	Frame color	Matte Black	Overall dimensions	116.5 × 135.5 × 172.5 cm / 45.9 × 53.3 × 67.9"
Color coded pivots & points of adjustment	Yes	Frame finish	Proprietary two-coat powder process	Product weight	226 kg / 498 lbs.
		Machine anchoring	4 machine anchoring locations		
		Cable transmission	Internally lubricated cables & fittings		
USER AMENITIES		WEIGHT STACK			
Instructional placards	Muscle call outs, start & finish exercise illustrations	Total stack weight	100 kg / 220 lbs.		
Placard color coding	Green (upper body)	Weight plate increments	6.8 kg / 15 lbs.		
Contoured seat	N/A	Consistent stack height	Yes		
		Weight stack guarding	Full front and rear shields		