

LEG EXTENSION / LEG CURL

VST600-S711



MAKE A STRONG SELECTION

Designed specifically for toning and building major leg muscles, our space-efficient, selectorized leg extension / leg curl dual station is tougher than you can imagine and more comfortable than you'd expect. It's been tested to withstand over a million reps, more than four times the industry standard, and an easily adjustable ergonomic design makes it comfortable for virtually anyone to sit down and start strengthening their legs.

ADJUSTMENTS		FRAME & CABLES		TECH SPECS	
User adjustment range	8 user start options	Frame color	Matte Black	Overall dimensions	150 × 118 × 170.5 cm / 59.1 × 46.5 × 67.1"
Color coded pivots & points of adjustment	Yes	Frame finish	Proprietary two-coat powder process	Total weight	246 kg / 542 lbs.
		Machine anchoring	4 machine anchoring locations		
		Cable transmission	Internally lubricated cables & fittings		
USER AMENITIES			WEIGHT STACK		
Instructional placard	Muscle call outs, start & finish exercise illustrations		Total stack weight	100 kg / 220 lbs.	
Placard color coding	Green (lower body)		Weight plate increments	6.8 kg / 15 lbs.	
Contoured seat	Yes		Consistent stack height	Yes	
			Weight stack guarding	Full front and rear shields	