

# ROTARY TORSO

## VST600-S55



### MAKE A STRONG SELECTION

If the people at your fitness center want to strengthen their core and back muscles, our selectorized rotary torso station is tougher than you can imagine and more comfortable than you'd expect. It's been tested to withstand over a million reps, more than four times the industry standard, and an easily adjustable ergonomic design makes it comfortable for virtually anyone to sit down and start improving their core and back.

ADJUSTMENTS		FRAME & CABLES		TECH SPECS	
User adjustment range	8 user start options (4 per direction)	Frame color	Matte Black	Overall dimensions	133 × 130 × 170.5 cm / 52.4 × 51.2 × 67.1"
Color coded pivots & points of adjustment	Yes	Frame finish	Proprietary two-coat powder process	Product weight	197.3 kg / 435 lbs.
		Machine anchoring	4 machine anchoring locations		
		Cable transmission	Internally lubricated cables & fittings		
USER AMENITIES			WEIGHT STACK		
Instructional placards	Muscle call outs, start & finish exercise illustrations		Total stack weight	68.2 kg / 150 lbs.	
Placard color coding	Red (core)		Weight plate increments	4.5 kg / 10 lbs.	
Contoured seat	Yes		Consistent stack height	Yes	
			Weight stack guarding	Full front and rear shields	