

# PEC FLY / REAR DELT

## VST600-S22



### MAKE A STRONG SELECTION

Designed to focus on major upper-body muscles, our space-efficient, selectorized pec fly / rear delt dual station is tougher than you can imagine and more comfortable than you'd expect. Independent rotary arm motions encourage a natural path of movement for ultra-smooth performance. It's been tested to withstand over a million reps, more than four times the industry standard, and an easily adjustable ergonomic design makes it comfortable for virtually anyone to sit down and start building and toning their upper body.

ADJUSTMENTS		FRAME & CABLES		TECH SPECS	
User adjustment range	Adjustable start position from front to rear	Frame color	Matte Black	Overall dimensions	80.0 x 134.0 x 211.8 cm / 31.5" x 52.8" x 83.4"
Color coded pivots & points of adjustment	Yes	Frame finish	Proprietary two-coat powder process	Product weight	263.3 kg / 580 lbs.
		Machine anchoring	4 machine anchoring locations		
		Cable transmission	Internally lubricated cables & fittings		
USER AMENITIES			WEIGHT STACK		
Instructional placard	Muscle call outs, start & finish exercise illustrations		Total stack weight	131.8 kg / 290 lbs.	
Placard color coding	Yellow (upper body)		Weight plate increments	9.1 kg / 20 lbs.	
Contoured seat	Yes		Consistent stack height	Yes	
			Weight stack guarding	Full front and rear shields	